

# *Summer Fun Under the Sun*

## *Lake Balboa Summer Cross-Country Series*



*3 Miles Every Wednesday*

*July 22, 29 & August 5, 12*

*Race starts @ 6:00p.m.*



### **Course:**

Flat and fast scenic loop through the Woodley Park wildlife area.

### **Race Day Sign-Up:**

**\$5.00**

Begins at 5:00 p.m.

### **Awards:**

- Medals for first 3 in each age division every week.
- Run all 4 races and receive a series T-shirt.

### **Championship Awards**

- Shoes for each 1st place division winner.
- 2nd and 3rd place winner receive merchandise award.
- Runners must run all 4 races to qualify for championship awards.

### **Cross-Country Points:**

Runners will earn points each race.

All scores will be added up on the day of the last race.

The lowest score wins.

Runners must run all 4 races to qualify for championship score.

### **After Race Refreshments:**

All you can eat watermelon!!!  
assorted fruit and more.

### **Age Divisions:**

18 & under

19-29

30-39

40-49

50-59

60-69

70+

### **Location:**

Woodley Park in Van Nuys

6350 Woodley Avenue

Van Nuys, CA

### **For more information:**

**Call 323-491-0917**

**TryUsEvents@gmail.com**